


# Southbridge Pinewood **JULY 2019** Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
**Activities are subject to change according to the resident's needs & volunteer availability. Please check your daily activity board for up-dates.**	<b>1 Happy Canada Day!!</b> 10:00 Exercise Class -GP & BH 10:45 Party Prep - GP <b>2:00 Canada Day Celebration - GP</b> 6:15 Canadian Trivia & Maple Treat - AR	<b>2</b> 9:30 Garden Care – RHA's 10:30 Ball Exercise – GP & BH 1:30 Baking Biscotti Riciatta with Franchesco - SP 3:30 Patio Social - Patio <b>6:15 DaVinci Cruise Night</b>	<b>3</b> 10:00 Ball Exercises – GP & BH 10:45 Manicures - AR 1:30 CLE Craft - AR 3:00 Traveling Orange Julius' 6:15 Facial Spa Night - AR	<b>4</b> 10:00 Balloon Volleyball–GP & BH <b>12:00 – 2:00</b> <b>Father's Day A &amp; W Papa Burger Drop In &amp; Golf Games</b> 2:30 Dog Visits with Charlie 6:15 Canadian Movie Night - AR	<b>5</b> 10:00 Exercise Class – GP & BH 10:30 Walk to the Corner Store 2:15 Musical 1:1's – BH 3:00 Hummingbird Song - HB 6:15 Traveling Fruit Friday	<b>6</b> 10:00 Balloon Games – HB 11:30 Rabbit Visits - GP 2:30 Persians & Calendar Planning - AR 5:45 Hagi TV Bingo - AR	
<b>7</b> 9:30 Garden Care 10:30 ElderSong Hymn Sing - CH 2:00 Expressive Art - HB 3:30 Travelling Activity Cart	<b>8</b> 9:45 Exercise Class – GP & BH <b>10:30 Resident Council Mtg. -AR</b> 2:00 Music Therapy – AR 2:45 Hummingbird Song - HB 6:15 Men's Woodworking - AR	<b>9</b> 9:45 Ball Exercise – GP & BH 10:00 Picnic Prep - BH <b>11:30 Teddy Bears Picnic Outing</b> 2:30 Outdoor Games – CY's 6:15 Wheelchair and Walker Bag Craft - AR	<b>10</b> 10:00 Ball Exercises – GP & BH 10:45 Manicures - Gazebo <b>2:00 Birthday Party with Music by Glenn &amp; Jim - SP</b> 6:15 Travelling Watermelon Wednesday	<b>11</b> 10:00 Garden Care 10:30 Balloon Volleyball–GP & BH 1:00 Outdoor Walks 2:30 Prize Bingo - BH 6:15 Baking Blueberry Muffins-BH	<b>12</b> 10:00 Exercise Class – GP & BH 10:45 BBQ Prep - BH 12:00 BBQ Lunch - GP 2:30 Knitting/Sewing Club - AR 6:15 Penny Games - AR	<b>13</b> 10:00 Giant Crosswords-AR 2:00 Patio Karaoke Party with Pineapple/Coconut Drinks 3:00 Garden Care	
<b>14</b> 10:00 Sing a long with Lorrina 2:00 Movie: Jaws & Popcorn Snack Day - AR	<b>15</b> 10:00 Exercise Class – GP & BH 10:45 Fresh Air Walks 2:30 Music with Brother John - GP 3:00 Snoezelen Room - HB 6:15 Traveling Milk Shakes	<b>16</b> <b>9:00 Breakfast Outing to the Scandinavian House</b> 1:30 Fresh Air Walks 2:30 Rock Painting Craft - AR 6:15 Trivia Night & Prizes - AR	<b>17</b> 10:00 Ball Exercises – GP & BH 10:45 Manicures – AR <b>2:30 Thunder Bay Museum-GP (Theme: Sports)</b> 6:15 Patio Party & Margaritas	<b>18</b> 9:45 Balloon Volleyball –GP & BH 10:45 BBQ Prep - HB 12:00 BBQ Lunch - GP 2:30 Outdoor Games – CY's 3:00 Snoezelen Room - HB 6:15 No Bake Baking - KF	<b>19</b> 10:00 Exercise Class – GP & BH 10:30 Making Homemade Iced Coffee - SP 2:15 Music with Lorrina – Patio 3:00 Hummingbird Song - HB 6:15 Keeping Up Appearances-RHA's	<b>20</b> 9:30 Garden Care 10:30 Outdoor Walks 1:00 Towel Folding - HB 2:30 Traveling Kerplunk Game	
<b>21</b> 9:45 Georgia Rae Hymn Sing-CH <b>1:00 Border Cats Baseball Game Outing</b>	<b>22</b> 10:00 Exercise Class – GP & BH 2:00 Music Therapy 1:1's 2:45 Hummingbird Song – HB 1:00 Supper Prep - BH 2:30 Croquet - SPCY 6:15 Couples Club Dinner – GP	<b>23</b> 10:00 Ball Exercises – GP & BH <b>1:00 Lost N ' Found - GP</b> 2:00 Sundae Social - Gazebo 6:15 Pub Night - SP	<b>24</b> 10:00 Ball Exercises – GP & BH 10:45 Manicures – MR 2:30 Christian Reformed Singers – BH 2:30 Snoezelen Room - HB 6:15 Scrapbooking - AR	<b>25</b> <b>8:30 Welcome Breakfast - AR</b> 10:30 Balloon Volleyball–GP & BH <b>1:00 Shopping at Intercity Mall</b> 6:15 Men's Woodworking - AR	<b>26</b> 10:00 Exercise Class – GP & BH 10:45 BBQ Prep - KF 12:00 BBQ Lunch - GP 2:30 Prize Bingo - BH 6:15 German Game - AR	<b>27</b> 9:45 Creative Writing - HR 2:30 Baking Individual Apple Pies - AR 6:15 Bird Watching Club - AR	
<b>28</b> 9:45 Coffee & Short Stories - HR 2:30 Christian Reformed Church-CH	<b>29</b> 10:00 Exercise Class – GP & BH <b>1:00 Ride &amp; Ice Cream Outing to Kakabeka Falls</b> 2:00 Music Therapy – AR 2:45 Hummingbird Song - HB 6:15 Bubble Wand Craft - AR	<b>30</b> 9:45 Ball Exercise – GP & BH 10:45 Knitters Guild - AR 2:30 Banana Boats & Water Gun Fun - SPCY 6:15 Calendar Distribution	<b>31</b> 10:00 Ball Exercises – GP & BH 10:45 Manicures - AR 2:30 Music by Old Bones - GP 6:15 Bubble Fun & Bubble Tea (SP Court Yard)			<b>Key:</b> GP - Gathering Place - 1st Floor HR - Harvest Room - 1st Floor CH - Chapel - 1st Floor HB - Hummingbird - 1st Floor RHA's - Resident Home Areas AR - Activity Room -2nd Floor	FY – Front Yard SP - Sandpiper - 1st Floor MR – Meeting Room- 2nd Floor KF - Kingfisher - 2nd Floor BH - Blue Heron - 2nd Floor SPCY-Sandpiper Courtyard HBCY-Hummingbird Courtyard

