



# (Blue Heron) October Activities Calendar 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Due to the Covid-19 pandemic recreation programming is limited and subject to change. Please see RHA recreation staff daily for updates.</p>	<p>AM: Morning Program AFT: Afternoon Program EVE: Evening Program HBCY - HB Court Yard SPCY – SP Court Yard FY – Front Yard Patio – 2<sup>nd</sup> Floor</p>			<p>1 AM: Balloon Badminton AM: Calendar Distribution AFT: Canvas Painting AFT: Fresh Air Walks <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>2 AM: Men's Coffee Club (Theme Football Season) AM: 1:1 Reading <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	
<p>3 AFT: Hymn Sing/Church (Lutheran Service) AFT: Day Board Decorating <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>4 AFT: Exercise Class AFT: Name That Tune Quiz EVE: Carpet Bowling <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>5 AFT: Ball Drumming AFT: Air Hockey/Darts EVE: Name That Fruit <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>6 AFT: Balloon Badminton AFT: Prize Bingo EVE: Board Games <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>7 AFT: Exercise Class AFT: Manicures EVE: Tea &amp; Crosswords <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>8 AFT: Balloon Badminton AFT: Turkey Painting Craft EVE: Outdoorsman Stories <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>9 AM: Magazine Scavenger Hunt AM: Montessori Activities <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>
<p>10 AFT: Hymn Sing/Church (United Service) AFT: Pom Pom Halloween Craft <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>11 AM: Exercise Class AM: Gratitude Game AFT: Pumpkin Pie in a Mug AFT: It's the Great Pumpkin, Charlie Brown <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>12 <u>10:45 Resident Council Mtg.</u> AM: Ball Drumming AFT: Accordion with Elsie AFT: NHL Trivia <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>13 AFT: Balloon Badminton AFT: Prize Bingo EVE: Men's Woodworking (Bird Houses) <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>14 AM: Exercise Class AM: Manicures AFT: Community Outing (Resident Choice) <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>15 AM: Balloon Badminton AM: Calendar Planning <b>AFT: Birthday Party</b> AFT: Montessori Activities <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>16 AM: Tim Hortons Coffee Club AM: Traveling Trivia Tuck Cart <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>
<p>17 AM: Hymn Sing/Church (Presbyterian Service) AM: Halloween Paper Garland Craft <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>18 AFT: Exercise Class 2:00 Yoga with Colleen EVE: Traveling Pumpkin Ice Cream <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>19 <b>Alzheimer Coffee &amp; Persian Fundraiser 10:00-2:00</b> AFT: Ball Drumming EVE: Memory Games &amp; Fruit Smoothies <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>20 AFT: Balloon Badminton 2:00 Music with Lorrina AFT: Prize Bingo EVE: Halloween Decorating <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>21 AFT: Exercise Class AFT: Plant Transplanting EVE: Take Out Supper (Resident Choice) <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>22 AFT: Balloon Badminton AFT: YouTube Painting EVE: Name That Fish <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>23 AM: Pillsbury Cinnamon Buns &amp; Coffee Talk AM: Montessori Activities <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>
<p>24 AFT: Hymn Sing/Church (Christian Reformed) AFT: Carpet Curling  31 <b>Happy Halloween</b> AFT: Halloween Party Treats and Parade</p>	<p>25 AM: Exercise Class AM: Creative Writing AFT: Pumpkin Decorating AFT: iPad Fun <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>26 AM: Ball Drumming <b>Alzheimer Society Coney Dog Fundraiser 11:00-1:00</b> AFT: Costume Design <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>27 AM: Balloon Badminton AM: Prize Bingo <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>28 AM: Exercise Class AM: Making Caramel Popcorn AFT: Spooky Movie and Caramel Popcorn <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>29 AM: Balloon Badminton AM: Pumpkin Hunt 2:00 Halloween Party with Music by Old Bones <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>	<p>30 AM: Pumpkin Latte's AM: Calendar Distribution &amp; 1:1 Visits <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i></p>

