


Blue Heron January Activities Calendar 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please see resident home area day boards for daily recreation programs and times.</p>					<p>AM: Morning Program AFT: Afternoon Program EVE: Evening Programs</p>	<p>1 AM: Dayboard Decorating AM: Book Club (Short Stories) (Daily Facetime Visits & 1:1's)</p>
<p>2 AFT: Hymn Sing/Church (Roman Catholic Service) AFT: New Year Cleaning & Organizing (Daily Facetime Visits & 1:1's)</p>	<p>3 AFT: Exercise Class AFT: Coffee & Short Stories EVE: New Year's Craft (Daily Facetime Visits & 1:1's)</p>	<p>4 AM: Exercise AM: New Year's Resolutions AFT: Travelling Ice Cream AFT: Ice Fishing Game (Daily Facetime Visits & 1:1's)</p>	<p>5 AM: Balloon Badminton AM: 1:1 Reading AFT: Welcoming the New Year Tea (Daily Facetime Visits & 1:1's)</p>	<p>6 AM: Ball Drumming AM: Baking Shortbread Cookies 2:00 Yoga with Colleen AFT: Men's Club</p>	<p>7 AM: Exercise AM: Chicken Soup Reading AFT: Expressive Art AFT: Bible Study & Shortbread Cookies (Daily Facetime Visits & 1:1's)</p>	<p>8 AM: Coffee Talk AM: Guess that Song</p>
<p>9 AFT: Hymn Sing/Church (Lutheran Service) AFT: Winter Magazine Scavenger Hunt (Daily Facetime Visits & 1:1's)</p>	<p>10 AFT: Exercise Class AFT: Giant Crossword Puzzle EVE: Travelling Library Cart (Daily Facetime Visits & 1:1's)</p>	<p>11 <u>10:45 Resident Council & Food Committee Mtg.</u> 2:00 Music with Elsie EVE: Tabletop Shuffleboard (Daily Facetime Visits & 1:1's)</p>	<p>12 AFT: Balloon Badminton 2:00: Music with Lorrina EVE: Making Marzipan Truffles (Daily Facetime Visits & 1:1's)</p>	<p>13 AFT: Ball Drumming AFT: Prize Bingo EVE: Sticker Craft (Daily Facetime Visits & 1:1's)</p>	<p>14 AM: Exercise AM: Happy Hour Drinks AFT: Carpet Curling (Daily Facetime Visits & 1:1's)</p>	<p>15 AM: Coffee Club AM: 1:1 Visits AFT: Men's Woodworking AFT: Giant Crosswords (Daily Facetime Visits & 1:1's)</p>
<p>16 AFT: Hymn Sing/Church (United Service) AFT: Baking Program (Daily Facetime Visits & 1:1's)</p>	<p>17 AFT: Carpet Bowling AFT: Craft Program EVE: Woodworking (Daily Facetime Visits & 1:1's)</p>	<p>18 AFT: Ball Drumming AFT: Winter Charades AFT: Race Car Game (Daily Facetime Visits & 1:1's)</p>	<p>19 AM: Exercise AM: Ladies Club 2:00: Music with Lorrina AFT: Montessori programming (Daily Facetime Visits & 1:1's)</p>	<p>20 AM: Balloon Badminton AM: Manicures AFT: Birthday Party (Daily Facetime Visits & 1:1's)</p>	<p>21 AM: Exercise AM: Gratitude Game 2:00 Lois Garrity Band (Daily Facetime Visits & 1:1's)</p>	<p>22 AFT: Tea Tasting AFT: AM: Winter Price is Right (Daily Facetime Visits & 1:1's)</p>
<p>23 AM: Hymn Sing/Church (Presbyterian Service) <u>AM: Baking Mini Hand Pies</u> 30 AFT: Hymn Sing/Church (RC) AFT: Matinee & Cinnamon Rolls</p>	<p>24 AM: Exercise Class AFT: Exercise Class AFT: Winter Carnival 31 AFT: Exercise AFT: Calendar Distribution</p>	<p>25 AFT: Balloon Badminton AFT: Irish Coffee Club & Treat EVE: Opposites Game (Daily Facetime Visits & 1:1's)</p>	<p>26 AM: Exercise AM: Prize Bingo 2:00 Drum Circle with Lorrina (Daily Facetime Visits & 1:1's)</p>	<p>27 2:00 Lutheran Service AFT: Day at the Spa EVE: Paint Night (Daily Facetime Visits & 1:1's)</p>	<p>28 AM: Ball Drumming AM: Giant Crossword Puzzle AFT: Making February Decorations/Craft (Daily Facetime Visits & 1:1's)</p>	<p>29 AM: Coffee & Current Events AM: Baking Nutella Cinnamon Rolls (Daily Facetime Visits & 1:1's)</p>

