








February Activities Calendar 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Dayboard Craft & Decorating – RHA's 6:15 Travelling Manicures	2 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Prize Bingo – KF 2:00 Yoga w/ Colleen – HB 6:15 Groundhog Day Movie & Treats – RHA's	3 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Hymns w/ Richard – KF 2:00 Valentine Craft – BH 6:15 Travelling Library Cart	4 10:00 Current Events & Coffee- KF 2:00 Piano w/ Rianna and Hot Chocolate - SP
5 AM: Virtual Hymns/Church Service – RHA's (Roman Catholic) 2:00 Baking w/ Nutella - BH	6 Daily Exercise – RHA's 12:00 Coney Island Take Out Lunch - KF 2:00 Cribbage Tournament– SP 6:15 Chicken Soup Reading - HB	7 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 1:30 Outing to Marina Park 2:00 Writing Valentines Day Cards – RHA's 6:15 Conversation Hearts Penny Game - BH	8 10:00 Manicures – RHA's 2:00 Birthday Party w/ Rusty Notes – BH 2:45 Music w/ Lorrina – HB 6:15 Carpet Bowling - SP	9 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Yoga w/ Colleen – KF 2:00 Fishing Game – HB 6:15 Valentines Day Trivia – RHA's	10 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Prize Bingo – SP 2:00 Giant Crossword – BH 6:15 Popcorn & a Movie – RHA's	11 10:00 Montessori Activities – HB 2:00 Traveling Pub Cart & Treat
12 AM: Valentine Decoration Craft - KF 2:00 Salvation Army Church Service – BH 6:30 Super Bowl Tailgate Party- KF	13 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Ednalyn Trio – HB 2:00 Galentines Tea - SP 6:15 Chocolate Fondue Night - KF	14 VALENTINES DAY  Daily Exercise – RHA's 10:00 Resident Council Meeting - SP 2:00 Museum Visits – BH 2:30 Valentine Card Delivery 6:15 Valentines Day Party w/ John Myers - SP	15 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Pub w/ Old Bones Performing – KF 6:15 Craft Program - BH	16 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Yoga w/ Colleen – SP 2:00 Prize Bingo – BH 6:15 Expressive Painting - HB	17 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 11:00 Lunch Outing to Chicago Joe's 2:00 Hymns w/ Richard – BH 6:15 Montessori Program - HB	18 AM: 1:1 Reading – RHA's AFT: Towel Folding – KF 2:00 Games – HB AFT: Piano & Sin-a-long w/ Rianna - SP 6:00 Hagi TV Bingo - BH
19 AM: 1:1's – RHA's AM: Virtual Music – RHA's 2:00 Christian Reformed Church Service - KF	20 Family Day Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Family Day w/ the Singing Seniors – BH 6:15 Baking Program - HB	21 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 1:30 Outing to DYI Ceramics 2:00 Accordion w/ Elsie – HB 6:15 Short Stories & Hot Chocolate - KF	22 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Welcome Tea w/ 3's a Crowd – SP 2:45 Music w/ Lorrina – HB 6:15 Tie Dye Pink Shirt Day - BH	23 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Yoga w/ Colleen – BH 2:00 Lutheran Church Service – KF 6:15 Floor Curling - SP	24 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Prize Bingo – SP 4:00 Supper/Games Outing to Wackys	25 10:00 Apple Cider & Short Stories - HB AFT: Movie & Treat – RHA's
26 AM: Virtual Hymns/Church Service – RHA's (Presbyterian) AFT: Towel Folding – HB AFT: 1:1's – RHA's	27 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 St. Patty's Day Craft – BH 6:15 Men's Wood Working - KF	28 Daily Exercise – RHA's AM: Dining Room Activities – RHA's 2:00 Outing – Shopping at Arthur St Market Place 6:15 Calendar Distribution			Daily exercises will be done on each RHA, but may be in the AM or AFT depending on staffing. Check you dayboards for times.	AM: Morning Program AFT: Afternoon Program EVE: Evening Program SP – Sandpiper BH – Blue Heron KF – Kingfisher RHA's – All Home Areas