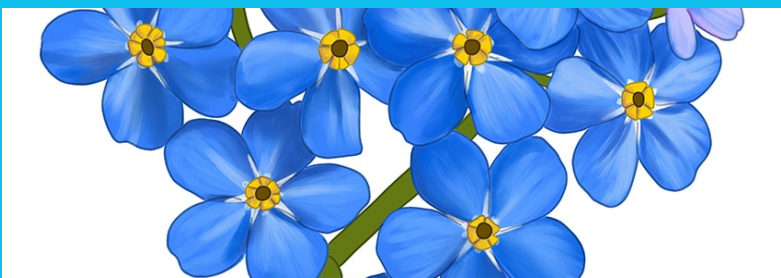






September 2023

Southbridge Pinewood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Phone numbers: (807) 577-1127 RN ex 255 Recreation Department ex. 245 Volunteer Coordinator ex. 244		Please Sing up for Outings and Special Meals with the Recreation Department Sign up on the Door upstairs (behind the Elevator)		Daily one to one program's are not reflected on calendar	10:00 Group Exercise Class 1 2:00 Dayboard Decorating 2:30 Prize Bingo 6:15 Spa Night	10:00 Coffee and Current Events 2 2:00 Sing-a-long
10:00 Virtual Hymn Sing 3 2:00 Drinks on the Patio	10:00 Group Exercise Class 4 2:00 Balloon Badminton/Vollyball 2:00 Cribbage 3:00 Travelling Treat Cart	10:00 Garden/Plant Care 5 2:30 Musical Entertainment - Ted Hamill 6:15 Fall Craft	10:00 Manicures 6 2:30 Music Entertainment - Elks Klowen Band 6:15 Evening Fall Walks	10:00 Group Exercise Class 7 2:00 Carpet Bowling 6:00 Outing - Chapters	10:00 Garden Care 8 2:00 Hymn Sing with Richard 2:30 Prize Bingo 6:15 Popcorn and Movie	10:00 Morning Crosswords 9 2:30 Music Entertainment - Richard Veurink
10:00 Travelling Specialty Coffees 10 2:00 Outdoor Games 2:00 Salvation Army Church	10:00 Garden/Plant Care 11 1:30 Getting to Know Your Resident's Council 2:00 Board Games 6:15 Residents' Council Travelling Trivia	10:00 Resident Council Meetings 12 2:30 Accordion with Elsie 5:00 Taco Tuesday Take-Out	10:00 Calendar Planning Meetings 13 2:00 Musical Entertainment - Old Bones 2:30 Music Entertainment - Rusty Notes 6:15 Resident's Council Scavenger Hunt	10:00 Group Exercise Class 14 2:00 Residents' Council Meet and Greet 2:00 Baking with Rhubarb 6:15 Virtual Paint Night	10:00 Group Exercise Class 15 2:00 Towel Folding 2:30 Prize Bingo and Cake 6:15 Resident Council Crosswords	10:00 Yard Sale 16 Prep 1:00 Yard Sale
10:00 Virtual Hymn Sing 17 2:00 Travelling Treat Cart	10:00 Garden/Plant Care 18 11:30 Outing - Burger Barn 2:00 Musical Entertainment - Singing Seniors 6:15 Men's Woodworking	10:00 Group Exercise Class 19 2:00 Montessori Based Programming for Dementia 4:00 Music Entertainment - Piano with Michelle 6:15 Game Night	10:00 Manicures 20 10:00 Garden/Plant Care 2:30 Welcome Party with Jamie Gerow 6:15 Shooting Range	10:00 Group Exercise Class 21 6:15 Button Craft	10:00 Garden/Plant Care 22 2:00 Hymn Sing with Richard 2:30 Prize Bingo 6:15 Popcorn and Movie	9:00 Outing to The Farmers Market for Hoito 23 Breakfast 2:00 Giant Balloon Badminton
10:00 Virtual Hymn Sing 24 2:00 Christian Reform Church	10:00 Garden/Plant Care 25 2:00 Baking Pies 6:15 Travelling Pies	10:00 Group Exercise Class 26 1:00 Outing to Walmart 6:15 Memory Box Decorating	10:00 Manicures 27 2:00 Music Entertainment- 3's a Crowd 6:15 Music Entertainment - Piano with Rianna	10:00 Group Exercise Class 28 2:00 Garden Clean Up 2:30 Lutheran Church 6:15 Garden Clean Up	10:00 Indoor Soccer 29 2:30 Prize Bingo 6:15 Music Entertainment - Butch's Country Classics	10:00 Coffee and Current Events 30 2:00 Calendar Distribution 3:00 Indoor Plant Care