

November HOMEgrown

Southbridge Pinewood

2625 East Walsh Street, Thunder Bay, Ontario. P7E 2E5

Our Vision: Bringing lives together with meaning and purpose

Our Mission: To provide quality care and services through innovation and excellence

The "Homegrown Newsletter" was designed to inform residents, family, friends and staff of the home news, updates and fun facts.

To submit information or ideas please contact:

Clifford Shawanamash (Recreation Manager) at (807) 577-1127 ex. 228 or email at cshawanamash@southbridgecare.com

Birthdays

Hazel K	Nov 01, 1935
Cecil C	Nov 02, 1923
Janet W	Nov 12, 1952
Wilma V	Nov 14, 1927
William B	Nov 16, 1932
Brenda Mt	Nov 16, 1945
Lawrence E	Nov 16, 1957



REMEMBRANCE DAY
Let's We Forget

Family Council

The next Family Council meeting is going to be:
Thurs, November 16th at 3pm in the Harvest Room.

All family and friends are welcome to come to the meeting!

Outings

Nov. 5th at 1:30 - Tim Hortons
Nov. 9th - Swiss Chalet
Nov. 19th - Intercity Shopping Centre

Take Out Meal

Nov. 16th - Chinese

NEW Nov. 14th

"Silver Spoons"

Couples Dining Club

Our very own Kyle - Food Service Manager will be cooking a meal specially for the couples (resident and spouse) to sit and enjoy in the Gathering Place.

To sign up for outings and special meals, please come to the Recreation Office on the second floor, behind the elevators or call (807) 577-1127 ext. 245.

We ask that each resident choose one outing/meal per month and place their name on the waiting list for the others so that all residents have an equal opportunity to attend.

NOTICE REGARDING OUTINGS

Due to an increase in Lifts+ transportation prices, we will be increasing our charge for the bus fare on outings from **\$7.00 to \$7.50**

We are sorry for any inconvenience. If you have any questions, please feel free to contact the Recreation manager, Cliff Shawanamash at 577-1127 ext. 228 or the Recreation Aides at 577-1127 ext. 245.



Activity Highlights

Please see the Daily Activity announcements in the elevator and on each unit for the most up to date list of activities each day.

Nov. 1st	2:30pm Elks Klown Band
Nov. 2nd & 16th	10:15am Dance with Vance
Nov. 2nd, 9th, 23rd, 30th	2:00pm Yoga with Colleen
Nov. 6th	2:30pm Jim n' I
Nov. 7th	2:30pm Bobby Hill 6:15pm John Scaffeo
Nov. 8th	10:30am TB Museum Visit
Nov. 8th	2:30pm Birthday Party w/ Rusty Notes
Nov. 10th & 24th	2:30pm Hymn Sing with Richard
Nov. 10th	3:00pm Piano with Rianna
Nov. 11th	10:30am Remembrance Day SVC 2:30pm Remembrance Day Tea
Nov. 13th	2:30pm Trevor Baker Performs Canadian travelling entertainer: https://trevorbaker.ca/
Nov. 14th	2:30pm Accordion with Elsie
Nov. 15th	2:30pm Old Bones
Nov. 17th	2:30pm Welcome Party with Ted Hamill
Nov. 18th	6:00pm Super Hagi TV Bingo
Nov. 20th	2:30pm Singing Seniors
Nov. 21st	2:30pm Jamie Gerow
Nov. 24th	6:15pm Richard Veurink
Nov. 28th	2:30pm Piano with Michelle
Nov. 30th	2:30pm 3's a Crowd 6:15pm It's a Guy Thing (Men's Group)

Pajama Day

Wednesday, Nov. 22nd

All Residents, Staff, Family and Friends are encouraged to wear their Pajamas for the day!

In Memoriam

Resident:

Peter N, 10/12/2023

Volunteers:

Glen Campbell

Carol Howarth

LOST & FOUND

Sunday, November 19th

11:30 - 4:30

Please come to the **Gathering Place** and look through the **Lost & Found** laundry cart.



Pictures With Santa

SATURDAY NOVEMBER 25TH
IN THE GATHERING PLACE.

1:00PM-4:00PM

For \$5.00 you will get a 10-minute photoshoot with Santa, one 5x7 print and the rest emailed to the email you have provided.

Please sign-up at the Recreation Office as spots are limited!

Families, Friends and pets are welcomed!
All proceeds will be going to our Residents' Council



Resident Council Meeting
November 21st at 1:30pm
in the Activity Room.
All residents are encouraged to attend.

How to wear your Poppy: The Legion's lapel Poppy is a sacred symbol of Remembrance and should not be affixed with a pin that obstructs the Poppy. The Poppy should be worn on the left side, over the heart.

When to wear your Poppy: The lapel Poppy should be worn during the Remembrance period, from the last Friday in October until November 11. The Legion encourages the wearing of Poppies at funerals of Veterans, and for any commemorative event such as a memorial service, or the anniversary of the Battle of Vimy Ridge.

How to remove a Poppy: When a Poppy is removed, it should be stored appropriately, or disposed of respectfully. We encourage anyone who finds a Poppy that has fallen to the ground to pick it up, brush it off, wear it or dispose of it with respect.

Thank you Belluz Farm!

Belluz donated all the fall decorations at the front of the building, and 20 pumpkins for carving!

Flu shot and Covid Shots will be available to families and volunteers after November 10th. See Pricella on Kingfisher or call her at ext. 230 to make arrangements.



Smiles
All
Around!

