



January 2024

Southbridge Pinewood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>This Calendar does not reflect one to one or independent activities</p>	<p>New Years Day 1</p> <p>10:00 Low Impact Group Exercise Class in Sitting</p> <p>2:00 Day Board Decorating</p> <p>6:15 Games Night</p> <p>6:15 Cards and Table Games - HB</p>	<p>10:00 Low Impact Group Exercise Class in Sitting 2</p> <p>11:00 Plant Care</p> <p>2:30 Welcome Party - Violet Sky</p> <p>6:30 Hummingbird Programming</p>	<p>10:00 Manicures 3</p> <p>2:30 Elks Klownd Band</p> <p>6:15 Baking</p> <p>6:15 Baking - HB</p>	<p>10:00 Indoor Plant Care 4</p> <p>10:30 Dance with Vance</p> <p>1:00 Laughter Yoga</p> <p>2:00 Yoga with Colleen</p> <p>2:30 Montessori Based Programming for Dementia</p> <p>6:15 Movie and a Treat</p>	<p>10:00 Balloon Badminton/Vollyball 5</p> <p>11:00 Plant Care</p> <p>2:00 Hymn Sing - Richard</p> <p>2:30 Prize Bingo</p> <p>2:30 Bingo</p> <p>2:30 Bird Watchers Club - HB</p> <p>6:15 Craft Program - Bird Feeders</p>	<p>Ukrainian Christmas Eve 6</p> <p>10:00 Orthodox Christmas Traditions</p> <p>2:00 Giant Crossword Puzzle</p> <p>2:30 Hummingbird Programming</p>	
	<p>Ukrainian Christmas 7</p> <p>10:00 Sunday TV Mass & Hymn Sing</p> <p>10:00 Hymn Sing - Sherry</p> <p>10:15 Trivia Games - Ukrainian Christmas</p> <p>2:00 Baking/Cooking - Rolled Peanut butter & Banana Sandwiches with Marilyn</p> <p>2:30 Montessori Based Programming for Dementia</p>	<p>Elvis's Birthday 8</p> <p>10:00 Low Impact Group Exercise Class in Sitting</p> <p>2:00 Elvis Movies and Peanut butter and banana Sandwiches</p> <p>6:15 Karaoke - Elvis</p> <p>6:15 Elvis Karaoke - HB</p>	<p>10:30 RC Church Service 9</p> <p>10:30 Roman Catholic Church</p> <p>1:30 Resident Council Meetings</p> <p>2:30 Accordion with Elsie</p> <p>6:00 Taking Down the Christmas Trees - BH & KF</p>	<p>10:00 Manicures 10</p> <p>2:30 Birthday Party with Rusty Notes</p> <p>6:00 Taking Down the Christmas Trees - SP & HB</p>	<p>10:00 Indoor Plant Care 11</p> <p>2:00 Yoga with Colleen</p> <p>5:00 Take Out Dinner - KFC</p> <p>6:30 Armchair Travel</p>	<p>10:00 Low Impact Group Exercise Class in Sitting 12</p> <p>11:00 Plant Care</p> <p>2:30 Bingo</p> <p>6:15 Craft Program - Winter</p> <p>6:15 HB - Craft Program - Winter</p>	<p>Orthodox New Years Eve 13</p> <p>10:00 Coffee and Calendar Planning Meetings</p> <p>11:30 Outing Lunch and Shopping Intercity Mall</p> <p>12:00 Hummingbird Programming</p>
	<p>Orthodox New Year 14</p> <p>10:00 Sunday TV Mass & Hymn Sing</p> <p>2:00 Salvation Army Church</p> <p>3:30 Travelling Treat Cart - Trivia Tuck Cart</p>	<p>10:00 Low Impact Group Exercise Class in Sitting 15</p> <p>11:30 Outings - Chicago Joes</p> <p>6:15 Traveling Library Book Cart</p> <p>6:15 Montessori Based Programming for Dementia</p>	<p>10:30 RC Church Service 16</p> <p>10:30 Roman Catholic Church</p> <p>2:30 Music Entertainment - Jim 'n' I</p> <p>4:45 Silver Spoons Couples Club</p> <p>6:15 Towel Folding</p>	<p>10:00 Manicures 17</p> <p>2:30 Music Entertainment - Ted Hamill</p> <p>6:15 Scavenger Hunt</p> <p>6:15 Spin the Wheel Game - HB</p>	<p>10:30 Dance with Vance 18</p> <p>1:00 Laughter Yoga</p> <p>2:00 Yoga with Colleen</p> <p>6:15 Travelling Treat Cart - Hot Chocolate and Marshmallow</p> <p>6:30 Hummingbird Programming</p>	<p>10:00 Balloon Badminton/Vollyball 19</p> <p>11:00 Plant Care</p> <p>2:00 Hymn Sing - Richard</p> <p>2:30 Bingo</p> <p>6:15 Coffee & Conversation</p> <p>6:15 Towel folding</p>	<p>10:00 Towel Folding 20</p> <p>10:00 Craft Program</p> <p>10:00 Current Events & Coffee</p> <p>11:00 Lost & Found Cart</p> <p>2:30 Music Entertainment - Jamie Gerow</p> <p>6:00 Hagi Bingo</p>
	<p>10:00 Sunday TV Mass & Hymn Sing 21</p> <p>2:00 Decorating</p>	<p>Chinese New Year 22</p> <p>10:00 Low Impact Group Exercise Class in Sitting</p> <p>2:30 Music Entertainment - Rod Delancy</p> <p>6:00 Paint Night</p>	<p>10:30 RC Church Service 23</p> <p>10:30 Roman Catholic Church</p> <p>11:30 Outings - Fort William Curling Club Lunch & Watch Curling</p> <p>2:00 Armchair Travel - China</p> <p>6:15 Music Therapy - Rianna</p>	<p>10:00 Manicures 24</p> <p>2:30 Music Entertainment - Mink Mountain Revue</p> <p>3:30 Montessori Based Programming for Dementia</p> <p>6:00 Open House 6:00pm - 7:30pm</p> <p>6:15 Music Entertainment - Johnny Schaffeo & Cliff</p>	<p>10:00 Yoga with Colleen 25</p> <p>10:30 Dance with Vance</p> <p>10:30 Dance with Vance</p> <p>1:00 Laughter Yoga</p> <p>2:30 Lutheran Church</p> <p>3:00 Craft Program - Day board Craft</p> <p>3:30 Traveling Library Cart</p> <p>6:15 Mens Club - Its a Guy Thing</p>	<p>10:00 Low Impact Group Exercise Class in Sitting 26</p> <p>11:00 Take Out Pizza Lunch</p> <p>2:00 Hymns with Richard</p> <p>2:30 Bingo</p> <p>6:15 Funny Friday Comedy</p> <p>6:30 Hummingbird Programming</p>	<p>11:00 Plant Care 27</p> <p>12:00 Giant Crossword Puzzle</p> <p>12:00 Hummingbird Song</p>
	<p>10:00 Sunday TV Mass & Hymn Sing 28</p> <p>1:00 Outing to Marina and Bite Restaurant</p> <p>1:00 Puppy Visits</p>	<p>10:00 Low Impact Group Exercise Class in Sitting 29</p> <p>2:30 Winter Tea & Persian Sales</p> <p>6:15 Name That Tune</p>	<p>10:30 RC Church Service 30</p> <p>10:30 Roman Catholic Church</p> <p>2:00 Wood Working with Cliff</p> <p>6:15 Crib Tournament /Games night</p> <p>6:15 Yahtzee Game night</p>	<p>Backwards Day - Wear your shirt Backwards 31</p> <p>10:00 Manicures</p> <p>2:30 Music Entertainment - Old Bones</p>			