



## VALENTINE'S DAY

# WORD SEARCH

T	Z	X	D	R	S	A	Y	F	Q	Q	F	D	D	A	K	N	E	B	K
J	D	N	T	C	V	J	N	R	U	Y	P	S	V	Y	P	G	U	P	Z
V	U	C	Q	A	L	O	V	E	L	E	T	T	E	R	F	R	C	M	H
C	A	D	F	R	A	Q	F	E	B	R	U	A	R	Y	E	V	O	A	N
N	X	L	A	D	R	E	J	Q	Q	N	O	U	P	H	G	F	N	D	N
Q	S	M	E	L	C	W	Q	B	W	I	E	R	C	C	K	B	V	M	I
O	W	U	S	N	W	Q	E	B	X	M	S	L	O	S	X	Q	E	I	I
K	J	U	U	N	T	B	O	W	A	N	D	A	R	R	O	W	R	R	I
T	Y	X	B	T	M	I	I	S	U	C	R	R	I	S	E	L	S	E	N
X	S	C	F	H	R	Q	N	B	V	L	Q	A	V	C	S	R	A	R	Y
U	H	W	K	G	K	V	F	E	E	K	I	B	N	R	C	B	T	B	J
O	L	U	E	I	J	J	A	U	Z	N	Z	A	Z	E	H	W	I	Z	O
I	N	L	G	E	S	R	U	S	G	P	M	X	O	D	O	B	O	V	L
B	D	J	C	S	T	S	C	B	B	O	K	O	X	U	C	Z	N	D	K
R	F	H	H	L	B	H	E	A	R	E	G	X	U	Z	O	J	H	B	I
X	N	O	E	G	A	R	E	S	N	U	G	O	M	L	L	S	E	E	S
O	X	W	A	C	C	O	K	A	X	D	Z	H	D	A	A	V	A	M	K
N	Z	H	R	Q	N	S	P	T	R	E	Y	Q	I	Q	T	N	R	I	M
Z	N	O	T	W	T	E	R	U	I	T	K	B	V	X	E	L	T	N	A
C	U	P	I	D	L	S	S	G	I	F	T	S	Z	W	S	I	S	E	Q

ADMIRER  
BE MINE  
CANDY  
CARD

BOW AND  
ARROW  
CANDY  
CARD  
CHERUB

CHOCOLATES  
CONVERSATION  
HEARTS  
CUPID  
FEBRUARY

GIFTS  
HEART  
HUGS  
KISSES  
XOXO

LOVE LETTER  
ROMANCE  
ROSES  
SWEETHEART  
VALENTINE

Goodbye January, Hello February. Please be a good month and bring smiles and happiness to my family and friends.

# February 2024

## HOMEgrown

Southbridge Pinewood  
2625 Walsh St. Thunder Bay P7E 2E5

Our Vision: Bridging lives together with meaning and purpose.  
Our Mission: To provide quality care and services through innovation and excellence.

Homegrown newsletter was designed to inform residents, family, friends, and staff of home news, updates and fun facts. To submit information or ideas please contact Cliff Shawanamash (Recreation manager) at 577-1127 Ext. 228 or email at [cliff.shawanamash@southbridgecare.ca](mailto:cliff.shawanamash@southbridgecare.ca)

**Family Council** The next meeting will be held on March 21st at 3:00 pm in the Gathering Place on the first floor. Zoom links can be sent to those who want to attend but can't make it. Contact Zoey St. Amand, Resident Services Coordinator at 807-577-1127 ext. 247

We are looking for a resident and a family member to join our Palliative care team.

Please contact Zoey St. Amand at (807) 577-1127 ext. 247 for more information

### February Birthdays

Maria E	Feb 1
Luba W	Feb 3
Joan C	Feb 5
Helena T	Feb 5
Lorraine H	Feb 9
Maria B	Feb 11
Bev S	Feb 12
Olga P	Feb 24

### February Entertainment

Dance with Vance	Feb 1, 15, 29
Hymns with Richard	Feb 2, 16
Spiritual Songs - Sherry	Feb 4
Jim 'n' I	Feb 10
Caricatures with Joe	Feb 13
Accordion with Elsie	Feb 13
Music with Rianna	Feb 13
Violet Sky	Feb 14
Ted Hamill Preforms	Feb 15
Singing Seniors	Feb 19
Rod Delaney	Feb 19
Piano with Michelle	Feb 20
Rusty Notes	Feb 21
Old Bones	Feb 24
Elks Klown Band	Feb 28
It's a Guy Thing (Men's Club)	Feb 29



## Photo Corner



#311350432

## LOST & FOUND CART

In the Gathering Place  
on the first floor.



**February 22**  
**12:00 – 7:30pm**

Let us welcome  
February &  
take EVERY chance  
to show love  
to all WE meet.

fb/livinglife2thefull/nurturinglife

## RESIDENTS BILL OF RIGHTS



2. Every resident has the right to have their lifestyle and choices respected.
3. Every resident has the right to have their participation in decision-making respected.

## FUNDRAISER NEWS

Resident Council 50/50 draw is back for the 2024 year, be sure to purchase your tickets. Tickets can be purchased from the Recreation Department, on Popcorn Fridays with Dorothy, or with Tuck Cart Sales on Tuesday with Reta on the first floor by the fish tank.

There will also be a Persian Sale and Tea on Wednesday, February 15<sup>th</sup>  
2 – 4 pm

Watch for other fun fundraisers coming throughout the year!



## Silver Spoons

The Silver Spoons Couples Club will be held on

**February 14<sup>th</sup>**

Silver Spoons is a meal program for all the couples in Pinewood and will be held monthly, with the meals being prepared by our Kitchen Manager, Kyle Castonguay.



## OUTINGS

Signup sheets for the outings and Special meals are located on the Recreation Office door. Residents can sign up for one outing a month and sign up on the cancellation list for other outings.

## Outings and Special Meals

Hagi Canceled all Bus Trips for the months of January and February. For January we used 2 Cabs per outing to attend the outings that were already scheduled.

For February we will be going Shopping at Walmart on Feb 12 – 1:30pm.

**We will be having 3 take-out meals:**

- McKellar Confectionery on Feb 6<sup>th</sup> – 12:00pm
- Joey's Only Seafood on Feb 21<sup>st</sup> – 5:00pm
- McDonalds's on Feb 27<sup>th</sup> – 12:00pm

## Spiritual Services

**Spiritual Songs with Sherry**

(First Sunday at 10:00am)

**Roman Catholic Service**

(Every Tuesday at 10:30AM)

**Salvation Army Service**

(Second Sunday of the month at 10:00AM)

**Lutheran Church Service**

(Last Thursday of the Month at 2:30PM)

**Christian Reform Church Service**

(Last Sunday of the month at 2:30PM)

**Every Sunday morning, Sunday TV Mass and Hymn Sing is put on the RHA's TV's.**



Southbridge Pinewood acknowledges that Thunder Bay is built on the traditional territory of the Anishinabek, which includes the Ojibwa of Fort William First Nation, signatory to the Robinson-Superior Treaty of 1850. We also acknowledge the contributions of the Métis peoples.

## TUCK CART

The Tuck Cart will be open on the first floor across from the elevators.

**Tuesdays**  
**1:00PM – 3:00PM**

Residents don't need cash; they can sign to purchase items and the amount will be withdrawn from their Trust Account.

If you would like to see something on the Tuck Cart, please let the Recreation Team know and we will do our best to add it to inventory.



## Thanks!

We would Like to send a big heart filled THANK YOU to Jordan, our first Semester Westgate CVI Student!

Good Luck in Recreation Therapy Next Year at Confederation College

## Residents Council & Food Committee Meetings

The next Residents Council Meeting will take place on **Tuesday, February 13<sup>th</sup> at 1:30pm in the Activity Room.** Food Committee will take place following the Residents Council Meeting.