

# St. Patrick's Day

## Word Search Puzzle

G M Q M J E P O J Z H K H C  
Y R C E L E B R A T E G W D  
V J E P O T P H N K O Z E T  
J D U E A X I O G L C F P P  
I V N V N I P R O V O F A A  
M A G I C U E S L Z I X Y T  
G E A N F A O E D R N U X R  
O K M A R C H S W X S D E I  
O L E P R E C H A U N V S C  
D D X K R Q A O C H O F H K  
L N Y F S Y P E N L J S J F  
U M V Q J Y T N C S U Y J J  
C R D V W A G I R E L A N D  
K P B Q H N R A I N B O W U

POT	CLOVER	CELEBRATE	HORSESHOE
PIPE	MARCH	GOOD LUCK	GOLD
LEPRECHAUN	HAT	COINS	RAINBOW
PATRICK	MAGIC	GREEN	IRELAND



Skip TO MY LOU.ORG

"May your blessings outnumber the shamrocks that grow and may trouble avoid you wherever you go."

# March 2024



## HOMEgrown

Southbridge Pinewood

2625 Walsh St. Thunder Bay P7E 2E5

Our Vision: Bridging lives together with meaning and purpose.

Our Mission: To provide quality care and services through innovation and excellence.

Homegrown newsletter was designed to inform residents, family, friends, and staff of home news, updates and fun facts. To submit information or ideas please contact Cliff Shawanamash (Recreation manager) at 577-1127 Ext. 228 or email at [cliff.shawanamash@southbridgecare.ca](mailto:cliff.shawanamash@southbridgecare.ca)

**Family Council** The next meeting will be held on March 21st at 3:00 pm in the Gathering Place on the first floor. Zoom links can be sent to those who want to attend but can't make it. Contact Zoey St. Amand, Resident Services Coordinator at 807-577-1127 ext. 247

We are looking for a resident and a family member to join our Palliative care team. Please contact Zoey St. Amand at (807) 577-1127 ext. 247 for more information

## March's Birthdays

Bunny C. – March 3<sup>rd</sup>  
Lotte S. – March 4<sup>th</sup>  
Dora A. – March 10<sup>th</sup>  
Helen S. – March 11<sup>th</sup>  
Lanny E. – March 18<sup>th</sup>  
Lorriane H. – March 23<sup>rd</sup>  
Jeanette L. – March 25<sup>th</sup>  
Marjorie M. – March 31<sup>st</sup>



## March's Entertainment

Mar.1<sup>st</sup>, 15<sup>th</sup>, & 29<sup>th</sup> – Hymns with Richard  
Mar 3<sup>rd</sup> – Spiritual songs with Sherry  
Mar.3<sup>rd</sup> - Zorya Dancers  
Mar.5<sup>th</sup> – Jim & I  
Mar.12<sup>th</sup> – Accordion with Elsie  
Mar.13<sup>th</sup> – Rusty Notes  
Mar.14<sup>th</sup> & 28<sup>th</sup> – Dance with Vance  
Mar.15<sup>th</sup> – Richard Veurink  
Mar.18<sup>th</sup> – Singing Seniors  
Mar.19<sup>th</sup> – Mink Mountain Revival  
Mar.20 – Ted Hamill  
Mar.22 – Music with Rianna  
Mar.23<sup>rd</sup> – Jamile Gerow  
Mar.27<sup>th</sup> – Old Bones  
Mar.28<sup>th</sup> - It's a Guy Thing



## Photo Corner



## LOST & FOUND CART

In the Gathering Place  
on the first floor.



March 14<sup>th</sup>  
1:30-6:30

## FUNDRAISER NEWS

Resident Council's 50/50 is still going and will be drawn on March 29<sup>th</sup>, so you still have time to get your tickets and help our Resident Council. We did very well at our Persian Fundraiser, raising \$99.

For March we will be doing a Shamrock Shake Fundraiser on March 15<sup>th</sup>, please come out and get a tasty treat while supporting our Resident's Council.



## OUTINGS

Signup sheets for the outings and Special meals are located on the Recreation Office door. Residents can sign up for one outing a month and sign up on the cancellation list for other outings.

### Outings and Special Meals

Outings

March 7<sup>th</sup> – Thunder Bay Museum (1:00)

March 11<sup>th</sup> - Lunch at Kelsey's (11:15)

March 26<sup>th</sup> – Shopping at Intercity Mall (11:15)

**We will be having 3 take-out meals:**

- Chinese Food Take Out – March 4<sup>th</sup> (12:00)
- Bannon's Fish Dinner – March 29<sup>th</sup> (5:00)
- Also.... Hagi Tv Bingo – March 9<sup>th</sup> & 30<sup>th</sup>



## TUCK CART

The Tuck Cart will be open on the first floor across from the elevators.

**Tuesdays**

**1:00PM – 3:00PM**

**\*\*Please let us know if you Would like to see something on the tuck cart.**



## Spiritual Services

**Spiritual Songs with Sherry**

(First Sunday at 10:00am)

**Roman Catholic Service**

(Every Tuesday at 10:30AM)

**Salvation Army Service**

(Second Sunday of the month at 10:00AM)

**Lutheran Church Service**

(Last Thursday of the Month at 2:30PM)

**Christian Reform Church Service**

(Last Sunday of the month at 2:30PM)

**Every Sunday morning, Sunday TV Mass and Hymn Sing is put on the RHA's TV's.**



## EXCITING NEWS!

- Please welcome Myra Beck and Rebecca Maw as our new Part Time Recreation Aide.
  - March 8<sup>th</sup> is National Women's Day
    - March 22<sup>nd</sup> is Pajama Day
  - March 17<sup>th</sup> is St. Patrick's Day
  - Easter Sunday is on March 31<sup>st</sup>.
  - Monster Bingo on March 23<sup>rd</sup>.
  - Hagi TV Bingo if on Mar.9&30



## Residents Council & Food Committee Meetings

The next Residents Council Meeting will take place on **Tuesday, March 12<sup>th</sup> at 1:30pm** in the Activity Room. Food Committee will take place following the Residents Council Meeting.

## RESIDENTS BILL OF RIGHTS



4. Every resident has the right to freedom from abuse.
5. Every resident has the right to freedom from neglect by the licensee and staff.

## Silver Spoons

The Silver Spoons Couples Club will be held on

**March 12<sup>th</sup> at 5:00**

Silver Spoons is a meal program for all the couples in Pinewood and will be held monthly, with the meals being prepared by our Kitchen Manager, Kyle Castonguay.



Southbridge Pinewood acknowledges that Thunder Bay is built on the traditional territory of the Anishinabek, which includes the Ojibwa of Fort William First Nation, signatory to the Robinson-Superior Treaty of 1850. We also acknowledge the contributions of the Métis peoples.