

Family Council The next meeting will be held on March 21st at 3:00 pm in the Gathering Place on the first floor. Zoom links can be sent to those who want to attend but can't make it. Contact Zoey St. Amand, Resident Services Coordinator at 807-577-1127 ext. 247 **March's Birthdays** Bunny C. – March 3rd Lotte S. – March 4th

Dora A. – March 10th Helen S. – March 11th Lanny E. – March 18th Lorriane H. – March 23rd Jeanette L. – March 25th Marjorie M. – March 31st





HOMEgrown

Southbridge Pinewood 2625 Walsh St. Thunder Bay P7E 2E5 Our Vision: Bridging lives together with meaning and purpose. Our Mission: To provide quality care and services through innovation and excellence.

Homegrown newsletter was designed to inform residents, family, friends, and staff of home news, updates and fun facts. To submit information or ideas please contact Cliff Shawanamash (Recreation manager) at 577-1127 Ext. 228 or email at cliff.shawanamash@southbridgecare.ca



We are looking for a resident and a family member to join our Palliative care team. Please contact Zoey St. Amand at (807) 577-1127 ext. 247 for more information

March's Entertainment

Mar.1st, 15th, & 29th – Hymns with Richard Mar 3rd – Spiritual songs with Sherry Mar.3rd - Zorya Dancers Mar.5th – Jim & I Mar.12th – Accordion with Elsie Mar.13th – Rusty Notes Mar.14th & 28th – Dance with Vance Mar.15th – Richard Veurink Mar.18th – Singing Seniors Mar.19th – Mink Mountain Revival Mar.20 – Ted Hamill Mar.22 – Music with Rianna Mar.23rd – Jamile Gerow Mar.27th – Old Bones Mar.28th - It's a Guy Thing

Photo Corner











Residents Council & Food Committee Meetings

The next Residents Council Meeting will take place on Tuesday, March 12th at <u>1:30pm</u> in the Activity Room. Food Committee will take place following the Residents **Council Meeting.**

LOST & FOUND CART In the Gathering Place

on the first floor.



March 14th 1:30-6:30





RESIDENTS BILL OF RIGHTS



- 4. Every resident has the right to freedom from abuse.
- 5. Every resident has the right to freedom from neglect by the licensee and staff.

FUNDRAISER NEWS

Resident Council's 50/50 is still going and will be drawn on March 29th, so you still have time to get your tickets and help our Resident Council. We did very well at our Persian Fundraiser, raising \$99. For March we will be doing a Shamrock Shake Fundraiser on March 15th, please come out and get a tasty treat while supporting our Resident's Council.



Silver Spoons

The Silver Spoons Couples Club will be held on

March 12th at 5:00

Silver Spoons is a meal program for all the couples in Pinewood and will be held monthly, with the meals being prepared by our Kitchen Manager, Kyle Castonguay.



OUTINGS

Signup sheets for the outings and Special meals are located on the Recreation Office door. Residents can sign up for one outing a month and sign up on the cancellation list for other outings.

Outings and Special Meals

Outings March 7th – Thunder Bay Museum (1:00) March 11th - Lunch at Kelsey's (11:15) March 26th – Shopping at Intercity Mall (11:15)

We will be having 3 take-out meals:

- Chinese Food Take Out March 4th (12:00)
- Bannon's Fish Dinner March 29th (5:00)
- Also.... Hagi Tv Bingo March 9th & 30th



Spiritual Services

Spiritual Songs with Sherry (First Sunday at 10:00am) **Roman Catholic Service** (Every Tuesday at 10:30AM) **Salvation Army Service** (Second Sunday of the month at 10:00AM) **Lutheran Church Service** (Last Thursday of the Month at 2:30PM) **Christian Reform Church Service** (Last Sunday of the month at 2:30PM)

Every Sunday morning, Sunday TV Mass and Hymn Sing is put on the RHA's TV's.

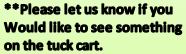


Southbridge Pinewood acknowledges that Thunder Bay is built on the traditional territory of the Anishinabek, which includes the Ojibwa of Fort William First Nation, signatory to the Robinson-Superior Treaty of 1850. We also acknowledge the contributions of the Métis peoples.

TUCK CART

The Tuck Cart will be open on the first floor across from the elevators.

Tuesdays 1:00PM - 3:00PM









 Please welcome Myra Beck and Rebecca Maw as our new Part Time Recreation Aide.

- March 8th is National Women's Day
 - March 22nd is Pajama Day
 - March 17th is St. Patrick's Day
 - Easter Sunday is on March 31^{st.}
 - Monster Bingo on March 23^{rd.}
 - Hagi TV Bingo if on Mar.9&30