

NEWS IN THE HOME

We'd like to announce some exciting changes on the management team. Please welcome Erica Jenner as our new Associate Director of Care and taking her place as Rai Coordinator is Ashley Frasca, we also have a new Office Clerk/Nursing Scheduler, Annie Dorie. These new changes will complete our management team and increase the level of care our home provides.



Volunteer/Student News

The Recreation Department is proud to be a part of student's education, we love taking on students from several different schools as placement students. Right now, we have 5 students who are helping at Pinewood, please say hi and make them feel welcomed.

Marry Bolanos – Recreation Student from the Confederation College

Margi Patel – Recreation Student from the Confederation College

Osheanna Lavallee – Social Worker Student from Oshki-Pimache-O-Win

Jordan – Student from Westgate Highschool

Thaw – Student from St. Pat's Highschool

THANKS TO ALL FOR ALL THE HELP



April 2024



HOMEgrown

Southbridge Pinewood

2625 Walsh St. Thunder Bay P7E 2E5

Our Vision: Bridging lives together with meaning and purpose.

Our Mission: To provide quality care and services through innovation and excellence.

Homegrown newsletter was designed to inform residents, family, friends, and staff of home news, updates and fun facts. To submit information or ideas please contact Cliff Shawanamash (Recreation manager) at 577-1127 Ext. 228 or email at cliff.shawanamash@southbridgecare.ca

Family Council

The next meeting will be held on May 16th at 3:00 pm in the Harvest Room on the first floor. Zoom links can be sent to those who want to attend but can't make it. Contact Zoey St. Amand, Resident Services Coordinator at 807-577-1127 ext. 247

LOST & FOUND CART

In the Gathering Place on the first floor.

April 20th
11AM – 1PM



SPRING WORD SEARCH

WORD LIST

APRIL
BASEBALL
BIRDS
BLOSSOMS
BUMBLEBEE
BUTTERFLIES
CHICK
CLEANING
CLOVER
CROCUS
DAFFODIL
DAYLIGHT
EQUINOX
FLOWERS
FORSYTHIA
GARDEN
JACKET
LADYBUG
MARCH
MAY
PICNIC
PUDDLES
RAINBOW
ROBIN
SEEDS
SHOWERS
SPRING
UMBRELLA

W	A	O	A	H	W	O	B	N	I	A	R	S	Y
H	Y	N	I	B	O	R	D	C	T	X	C	E	B
R	L	L	A	B	E	S	A	B	V	Z	P	I	W
S	D	E	E	S	G	N	I	R	P	S	X	L	Z
U	A	U	C	G	N	S	C	V	I	O	Z	F	P
C	L	C	X	B	V	E	E	L	N	Z	F	R	D
G	L	K	B	F	L	A	D	I	N	L	L	E	Q
V	E	E	K	F	U	O	U	R	A	S	O	T	M
O	R	I	A	A	N	Q	S	D	A	O	W	T	X
R	B	D	O	N	E	J	Y	S	C	G	E	U	P
R	M	O	A	O	I	B	X	P	O	O	R	B	X
Y	U	U	S	F	U	N	U	M	S	M	S	L	N
E	E	H	C	G	F	D	G	A	D	T	S	C	H
E	T	X	S	E	D	O	X	Y	R	F	S	T	Q
B	T	I	Q	L	S	W	D	O	I	O	R	E	M
E	N	Z	E	B	I	P	U	I	B	R	E	K	A
L	T	S	C	R	O	C	U	S	L	S	W	C	R
B	L	T	H	G	I	L	Y	A	D	Y	O	A	C
M	C	R	A	P	A	D	Z	P	S	T	H	J	H
U	F	H	V	X	I	P	E	H	T	H	S	J	A
B	U	P	I	H	Y	C	R	G	X	I	R	D	Z
J	X	I	R	C	T	N	I	Z	A	E	M	V	
D	R	S	E	I	K	N	B	I	L	U	R	M	X
D	C	L	O	V	E	R	G	V	C	G	N	A	H



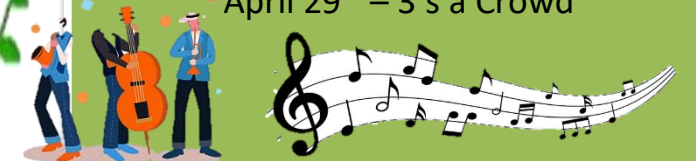
April's Birthdays

Donalda F. – April 1st
Helvi P. – April 3rd
Shirley B. – April 4th
Alice C. – April 6th
Rose S. – April 8th
Phylis H. – April 11th
Bev V. – April 11th
David P. – April 13th
Rodney H. – April 15th
Gail B. – April 16th
Patricia P. – April 23rd
Millie W. – April 25th
Barb R. – April 25th
Judy K. – April 29th
Joyce Z. – April 30th



April's Entertainment

April 3rd – Rusty Notes
April 7th – Spiritual Songs w/ Sherry
April 9th – Accordion w/ Elsie
April 10th – Mood Indigo
April 11th & 25th – Dance w/ Vance
April 12th & 26th – Hymns w/ Richard
April 12th – Jim n' I
April 15th – Tamarack Wind Quintet
April 16th – Mink Mountain Revival
April 17th – Old Bones
April 22nd – Fontaines
April 23rd – Ted Hamill
April 24th – Jamie Gerow
April 25th – It's a Guy Thing
April 29th – 3's a Crowd



"May your blessings outnumber the shamrocks that grow and may trouble avoid you wherever you go."

Photo Corner



RESIDENTS BILL OF RIGHTS



6. Every Resident has the right to communicate in confidence, receive visitors of their choice and consult in private with any person without interference.

7. Every resident has the right to form friendships and relationships and to participate in the life of the long-term care home.

FUNDRAISER NEWS

Resident Council's 50/50 pot is at \$68.75, tickets can still be purchased at the Rec Office or on Tuck Cart Tuesday or Popcorn Fridays, the draw will be on April 30th. We are still selling cards for our Find the Joker Fundraiser; winner will be posted once all cards are sold. Residents Council raised \$81.50 with our Shamrock Shakes Fundraiser. Thank you all for supporting our Residents Council.



Silver Spoons

The Silver Spoons Couples Club will be held on

April 9th at 5:00

Silver Spoons is a meal program for all the couples in Pinewood and will be held monthly, with the meals being prepared by our Kitchen Manager, Kyle Castonguay.



OUTINGS

Signup sheets for the outings and Special meals are located on the Recreation Office door. Residents can sign up for one outing a month and sign up on the cancellation list for other outings.

Outings and Special Meals

Outings

- April 11th – Shopping at Walmart
- April 17th – Lunch & Bowling at Galaxy Lanes
- April 29th – Supper & Gaming at the Casino

We will be having 3 take-out meals:

- Deep Dish Pizza – April 5th
- Grilled Cheese Lunch – April 12th
- Also.... Hagi Tv Bingo – April 6th & 20th



Spiritual Services

- Spiritual Songs with Sherry (First Sunday at 10:00am)
- Roman Catholic Service (Every Tuesday at 10:30AM)
- Salvation Army Service (Second Sunday of the month at 10:00AM)
- Lutheran Church Service (Last Thursday of the Month at 2:30PM)
- Christian Reform Church Service (Last Sunday of the month at 2:30PM)

Every Sunday morning, Sunday TV Mass and Hymn Sing is put on the RHA's TV's.



TUCK CART

The Tuck Cart will be open on the first floor across from the elevators.

Tuesdays

1:00PM – 3:00PM
**Please let us know if you would like to see something on the tuck cart.



FACTS ABOUT SPRING

- Tornadoes are more common in Spring
- April Showers bring May Showers comes from a poem
- Duck hatch in Spring
- Honeybees swarm in Spring
- Spring is marked by the opening of the cherry blossoms in Japan
- Astronomical Start Date: March 20th
- Astronomical End Date: June 22nd
- Meteorological Start Date: March 1st
- Meteorological End Date: May 31st
- Spring Equinox starts 6 months of daylight at the North Pole
- The Great Sphinx was built to point directly at the sun on the Spring Equinox
- Thousands of people visit Chichen Itza in Spring to see a snake-shaped shadow
- Tulips are one of the first flowers to bloom in Spring

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Residents Council & Food Committee Meetings

The next Residents Council Meeting will take place on **Tuesday, April 9th at 1:30pm** in the Activity Room. Food Committee will take place following the Residents Council Meeting.

Southbridge Pinewood acknowledges that Thunder Bay is built on the traditional territory of the Anishinabek, which includes the Ojibwa of Fort William First Nation, signatory to the Robinson-Superior Treaty of 1850. We also acknowledge the contributions of the Métis peoples.