










July 2024

Southbridge Pinewood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Canada Day 1 9:00 Calendar Distribution (WH) 10:30 Dayboard Decorating (RHA) 2:00 Jim & I Performs (FY) 3:30 Calendar Distribution (HUMM) 6:15 Dayboard Decorating (HUMM) 6:15 Canada Day Family Feud Game (AR)	2 10:00 Exercise (GP) 2:30 Calendar Planning Meeting (AR) 3:00 Summer Decorating (HUMM) 6:15 Travelling Canadian Trivia (RHA')	3 8:30 McDonald's Take Out Breakfast (AR) 10:00 Manicures (AR) 2:30 Summer Decorating (RHA') 3:00 Travelling Treat Cart (HUMM) 4:45 <u>Family and Friends Dinner Club.</u> (GP)	Volunteer Appreciation Day 4 10:00 Garden Care (CY) 1:00 One to one Visits (WH) 3:00 Refreshments in the Garden (HUMM) 6:15 Evening Walks (NH)	5 10:00 Exercise Class in Sitting (RHA') 11:30 Lunch Outing to the Urban Market (OUT) 3:00 Hummingbird Neighbourhood Walks (NH) 6:15 Music with Rianna (BH)	6 10:00 Neighbourhood Walks (NH) 2:30 Prize Bingo (BH) 3:00 Garden Tea Party (HC) 6:15 Mocktails and Bonfire on the Patio (P)
7 10:00 Giant Crossword Puzzle (AR) 1:00 Sunday TV Mass & Hymn Sing (RHA') 2:30 Travelling Floats (RHA') 3:00 Garden Walks (HC)	8 10:00 Garden Care (CY) 2:30 Daylin James Performs (BH) 6:00 Watering the Garden (HC) 6:15 Jeopardy (B) 	9 10:00 Low Impact Group Exercise Class on the Patio (P) 1:00 Teddy Bear Picnic Outing (OUT) 2:30 Accordion with Elsie (WH) 6:15 Neighbourhood Walks (NH)	10 10:00 Manicures (AR) 1:00 Resident Council Meetings (AR) 2:30 Birthday Party with Rusty Notes (SAND) 3:00 Travelling Frozen Mocktails (HUMM) 6:15 Picking Rhubarb (AR)	11 10:00 Baking Rhubarb Crisp (AR) 2:30 Travelling Library Cart (RHA') 3:00 3 Things Game (HUMM) 6:15 Guess the Potato Chip (AR)	12 10:00 Exercise Class (RHA') 2:30 Prize Bingo (BH) 3:00 Garden Care (HUMM) 6:15 Rhubarb Crisp and Iced Coffees (SC)	13 10:00 Garden Care (CY) 2:30 Neighbourhood Walks (NH) 3:00 Baking Cookies (HUMM) 3:00 Lost and Found Cart (FT) 6:15 Outdoor Games (SC)
14 10:00 Craft Program (RHA') 2:00 Salvation Army Church (C) 3:00 Outdoor/Indoor Plant Care (CY)	15 10:00 Balloon Badminton (GP) 11:30 Walk to Burger King for Lunch (OUT) 6:15 Music with Bill and Jackie (SAND) 	16 10:00 Exercise Class (GP) 2:30 Jim N I (FY) 4:45 Silver Spoons Couples Club (GP) 	17 10:00 Manicures (AR) 1:00 Garden Care (CY) 2:30 Jamie Gerow Performs (FY) 5:45 Live on the Waterfront Outing (OUT)	18 10:00 Neighbourhood Walks (NH) 1:00 Family Council Strawberry Social (GP) 2:30 Prize Bingo (SAND) 6:15 Bocce Ball (SC)	19 10:00 Exercise Class (SC) 1:00 Bible Study with Rianna (AR) 2:30 Welcome Tea with Ted Hamill (BH) 6:15 Richard Veurink Performs (WH)	20 10:00 Neighbourhood Walks (NH) 1:30 Giant Crossword Puzzle (AR) 3:00 Expressive Art (HUMM) 6:15 Flower Arranging (AR)
21 10:00 Sunday TV Mass & Hymn Sing (RHA') 10:00 Spiritual Songs with Sherry (C) 2:00 Woodworking (AR) 3:00 Garden Care (CY)	22 10:00 Piano with Michelle (K) 10:00 Garden Care (CY) 2:30 Jim & I (FY) 2:30 Resident Council Ice Cream Sundae Fundraiser (GP) 4:45 Family and Friend Dinner (GP) 6:15 Craft Program (HUMM)	23 10:00 Exercise (P) 1:00 Hummingbird Outing - Tiny Treats (OUT) 2:30 Summer Craft (AR) 6:15 Brother John Trio (FY)	24 10:00 Manicures (AR) 2:00 Frank & Co. Performs (BH) 4:30 Outing to Nortenos Taquria for dinner (OUT) 	25 10:00 Plant Care (WH) 11:45 BBQ Lunch (GP) 2:30 Lutheran Church (C) 3:00 ElderSong Sing-a-long (HUMM) 6:15 It's a Guys Thing (GP)	26 10:00 Exercise Class (GP) 11:30 Lunch Outing to West Thunder Community Centre (OUT) 2:30 Dance with your Walker/Chair (GP) 3:00 Garden Walks (HC) 6:15 Banana Boats on the Patio (P)	27 10:00 Garden Care (WH) 2:30 Chicken Soup Reading (AR) 3:00 Balloon games (HUMM) 6:15 Prize Bingo (BH)
28 10:00 Bottle Cap Craft (AR) 2:30 Christian Reform Church (C) 3:00 Garden Care (WH) 	29 10:00 Pool Noodle Balloon Ball Exercise (GP) 2:00 Arm Chair Travel to Australia (GP) 6:00 Yard Yahtzee (HC) 6:15 Horseshoes (SC)	30 10:00 Exercise Class (GP) 1:30 Neighbourhood Walks (N) 3:00 Travelling Milkshakes (HUMM) 6:15 Photo Shoot with Gerianna (GP)	31 10:00 Manicures (AR) 2:30 3's a Crowd (WH) 6:15 Smores and Mocktails on the Patio (P) 	Resident Council Yard Sale August 17th Now Accepting Donations Contact Rec. Office 807-577-1127- ext 245	Reta's Corner Store - Tuesdays 1:00pm – 3:00pm Available on the first floor across from the elevators. Residents don't need cash; they can sign to purchase items and the amount will be withdrawn from their Trust Account. If you would like to see something on the Tuck Cart, please let the Recreation Team know and we will do our best to add it to inventory	