



February 2025

Southbridge Pinewood



Reta's Corner Store!
 The Tuck Cart will be available on the first floor across from the elevators. Tuesdays 1:00PM – 3:00PM.
 Residents don't need cash; they can sign to purchase items and the amount will be withdrawn from their Trust Account.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Locations Legend

Activity Room (AR)
 Hummingbird (HB)
 Gathering Place (GP)
 Chapel (CH)
 Sandpiper (SP)
 Whole Home (WH)
 Resident Home Areas (RHA)

Resident Room (R R)
 Outing (OUT)
 Blue Heron (BH)
 Kingfisher (KF)
 Harvest Room (HR)
 Fish Tank (FT)



Will you
 BE MY
 Valentine?



9:00 Calendar Distribution (WH) **1**
 1:30 Dayboard Decorating (WH)
 3:00 Hockey Night in Canada watching NHL Hockey Game - AR (AR)
 6:15 Repotting Plants/Plant Care (SP)

10:00 Virtual Anglican Service & Hymns (RHA) **2**
 2:30 Tea and True or False Quiz (AR)
 3:00 Bean Bag Toss (HB)
 6:15 Chicken Soup Readings (HR)

10:00 Low Impact Group Exercise Class in Sitting (GP) **3**
 1:00 Recreation Staff Meeting (AR)
 2:30 *Jim 'n' I (Black History Month Program) (GP)*
 3:00 Word Games (HB)
 6:15 Giant Crossword Puzzle (AR)

10:30 R.C.Church Service (CH) **4**
 2:30 Hymns with Rianna (CH)
 3:00 Music Therapy Group (HB)
 3:45 1:1 Music with Lorrina (R R)
 6:00 Bible Study with Rianna (AR)

10:00 Manicures (AR) **5**
 2:00 Dog visits (WH)
 2:30 Bounce & Score Game (AR)
 3:00 Q-Tip Painting (HB)
 6:15 Rusty Toads (GP)

10:00 Odd One Out Quiz (AR) **6**
 1:30 Bowling at Galaxy Lanes (OUT)
 2:00 Yoga with Colleen (GP)
 3:00 Foam Flower Creations (HB)
 6:15 Making Valentines Day Hearts (AR)

10:00 Balloon Badminton (GP) **7**
 2:00 Bingo (BH)
 3:00 Movie & Popcorn (HB)
 6:15 Armchair Travel - Mystery Destination (AR)

10:00 Morning Mamosa's (AR) **8**
 2:30 Valentines Baking (AR)
 3:00 Towel Folding (HB)
 6:00 Hagi TV Bingo (AR)

10:00 Spiritual Songs with Sherry (CH) **9**
 2:00 Salvation Army Church (CH)
 2:30 *Morgan School of Dance (SP)*
 3:00 Ladder Ball (HB)
 4:45 Super Bowl Tailgate Party (AR)

Umbrella Day **10**
 10:00 Low Impact Group Exercise Class in Sitting (GP)
 11:30 Lunch at Stacked (OUT)
 3:00 Making Paper Umbrellas (HB)
 6:15 Valentines Day Craft (AR)

10:30 R.C.Church Service (CH) **11**
 1:30 Resident Council Meetings (AR)
 2:30 Making Buttertarts (AR)
 3:00 Word Searches (HB)
 6:15 Sweetheart Tea (GP)

10:00 Manicures (AR) **12**
 2:00 Dog visits (WH)
 2:30 Birthday Party with Rusty Notes (BH)
 3:00 Expressive Art (HB)
 6:15 Flower Arranging for Valentines Day (AR)

10:15 Dance With Vance (GP) **13**
 2:00 Yoga with Colleen (GP)
 3:00 Travelling Manicures (HB)
 6:15 Valentines Day Bingo (GP)

Valentines Day **14**
 10:00 Balloon Badminton (GP)
 1:00 *Sadie (dog) and Bonnie Group Visit (R R)*
 2:00 *Hymns with Richard P. (GP)*
 2:30 *Valentines Day Tea w/ Jamie Gerrow (GP)*
 4:45 *Silverspoons Valentines Dinner (GP)*
 6:15 *Brother John Performs for Black History Month (SP)*

Margarita Day **15**
 10:00 Giant Crosswords (AR)
 1:00 World Hockey & Snacks (AR)
 3:00 Travelling Margarita's (HB)
 6:15 Jeopardy (BH)

10:00 Virtual United Service & Hymns (RHA) **16**
 1:30 *Piano with Tara (SP)*
 3:00 Painting (HB)
 6:00 Movie Night (AR)

Family Day **17**
 10:00 Low Impact Group Exercise Class in Sitting (GP)
 1:00 *Lost & Found (FT)*
 2:30 *Rodney Brown (SP)*
 3:00 Tea and Cookies (HB)
 6:15 Board Games (AR)

Drinking Wine Day **18**
 10:30 R.C.Church Service (CH)
 2:30 *Road Worn Chaps (SP)*
 3:00 *Music Therapy Group with Lorrina (HB)*
 3:45 1:1 Music with Lorrina (R R)
 6:15 Wine and Cheese Tasting (AR)

10:00 Manicures (AR) **19**
 10:00 *Piano with Michelle (KF)*
 2:00 Dog visits (WH)
 2:30 Baking - Brownies (AR)
 3:00 Balloon Badminton (HB)
 6:15 Craft - Handprint Cardinals (AR)

10:00 Travelling Smoothies (RHA) **20**
 2:00 Bible Study - Anglican Rev. Jonathon Blanchard (CH)
 2:30 *Jim & I (KF)*
 2:30 Anglican Church Service (CH)
 3:00 Painting (HB)
 6:15 *Coin Toss Challenge (AR)*

10:00 Balloon Badminton (GP) **21**
 2:30 Bingo (SP)
 3:00 Word Search (HB)
 6:15 *Pub Party with Richard V (KF)*

10:00 Baking Morning Muffins (AR) **22**
 1:00 NHL Hockey Game (AR)
 3:00 Montessori Games (HB)
 6:15 Ladder Ball (GP)

10:00 Hymn Sing (RHA) **23**
 2:00 Christian Reform Church (CH)
 3:00 Baking Banana Bread (HB)
 6:15 Men's Club - Woodworking (AR)

10:00 Low Impact Group Exercise Class in Sitting (GP) **24**
 2:30 Museum - Keeping Warm (GP)
 3:00 Travelling Spa (HB)
 6:15 Who Am I Game (AR)

10:00 Laughter Yoga w/ Colleen (HB) **25**
 10:30 R.C.Church Service (CH)
 2:30 Bible Study with Rianna (CH)
 3:00 Board Games (HB)
 4:45 *Bannon's Pickerel Take-Out Dinner (AR)*
 6:00 Music with Rianna (HB)

10:00 Manicures (AR) **26**
 2:00 Dog visits (WH)
 2:30 Baking - No Bake Cheesecake Cups (AR)
 3:00 Sock Sorting (HB)
 6:15 Table Pong (AR)

Strawberry Day **27**
 10:15 Dance With Vance (GP)
 2:30 Lutheran Church (CH)
 3:00 Travelling Strawberry Sundaes (HB)
 6:15 It's a Guys Thing (CH)

10:00 Dayboard Craft (AR) **28**
 1:00 *Sadie (dog) and Bonnie (GP)*
 2:00 *Hymns with Richard P. (GP)*
 3:00 Movie & Popcorn Twist (HB)
 5:45 Intercity Outing (OUT)

