

August 2025



Outing (OUT)

Sandpiper (SP)

Southbridge Pinewood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Reta's Country Store Every Tuesday from 1-3PM Dorothy's Popcorn Fridays Every Friday from 1-3PM Both at the Welcome Desk					10:00 Balloon Badminton (GP) 1 2:00 Hymns with Richard P. (GP) 3:00 Mocktails in the Courtyard (HBCY) 6:15 Prize Bingo (SP)	10:00 Neighbourhood Walks (NH) 2:30 Carpet Bowling (GP) 3:00 Lemonade in the Courtyard (HBCY) 6:15 S'mores on the Patio (PAT)
10:00 Virtual Hymns/Service (RHA) 2:30 Travelling Watermelon (RHA) 3:00 Race Car Game (HB) 6:15 Jeopardy (BH)	10:00 Low Impact Group Exercise 4 Class in Sitting (GP) 2:30 Baking Sugar Free Chocolate Chip Cookies (AR) 3:00 Balloon Games (HB) 6:15 Summer Craft (AR)	PJ Day (WH) 10:00 Yoga with Colleen (GP) 2:30 Croquet (SPCY) 3:00 Travelling Ice Cream (HB) 6:15 Bean Bag Toss (FY)	10:00 Balloon Badminton/Vollyball (GP) 2:30 Old Bones Performs (BH) 3:00 Baking (HB) 6:15 Patio Social (PAT)	10:00 Low Impact Group Exercise Class in Sitting (GP) 2:30 Neighbourhood Walks (NH) 3:00 Colouring Light Houses (HB) 5:00 BBQ Supper (GP)	10:00 Walking Program (NH) 2:30 Bible Study with Rianna (AR) 3:00 Bean Bag Toss (HBCY) 6:15 Evening Price Bingo (BH)	10:00 Coffee & Short Stories (PAT) 2:30 Crafting with the Queens (AR) 6:15 Travelling Library Cart (WH)
10:00 Virtual Hymns/Service (RHA) 2:00 Outing- Cafe at Urban Abby (OUT) 3:00 Outdoor Walks (NH) 6:15 Race Car Game (AR)	10:00 Low Impact Group Exercise Class in Sitting (GP) 2:30 Harvesting & Making Stewed Rhubarb (AR) 3:00 Towel Folding (HB) 6:15 Spa Night (AR)	10:00 Yoga with Colleen (GP) 1:30 Resident Council Meeting (AR) 2:30 Accordion w/ Elsie (BH) 3:00 Sorting Game (HB) 4:45 Silver Spoons & Family and Friends Dinner Club (GP)	10:00 Manicures (AR) 2:30 Birthday Party w/ Rusty Notes (SP) 3:00 Neighbourhood Walks (NH) 6:15 Boardgame Night (AR)	10:00 Low Impact Group Exercise Class in Sitting (GP) 1:00 Lost & Found Cart (FT) 2:30 Prize Bingo (KF) 3:00 Colouring Fun (HB) 6:15 Drinks on the Patio (PAT)	10:00 Balloon Badminton (GP) 2:30 Hymns with Richard P. (SPCY) 3:00 Bubble Fun (HBCY) 6:15 Rock Painting (AR)	11:00 Outing to Westfort Street Fair (OUT) 2:30 Jamie G. Performs (FY) 3:00 Baking Cookies (HB) 6:15 Lemonades & Jokes (PAT)
10:00 Virtual Hymns/Service 17 (RHA) 10:30 Neighbourhood Walks (NH) 1:30 Piano with Tara (SP) 3:00 Bowling (HB) 6:15 Drinks on the Patio (PAT)	10:00 Walking Program (NH) 18 2:30 Museum Visits (GP) 3:00 Memory Card Game (HB) 6:15 Giant Crossword (AR)	10:00 Low Impact Group Exercise Class in Sitting (GP) 1:00 Rec Dept meeting (AR) 2:30 Welcome Party with Ted Hamill (KF) 3:00 Sock Sorting (HB) 4:30 Outing- Supper at Boston Pizza (OUT)	10:00 Yoga with Colleen (GP) 10:00 Piano with Michelle (SP) 12:00 BBQ Fundraiser (GP) 2:30 Neighborhood Walks (NH) 6:15 Beading Craft Program (AR)	10:00 Making Yard Sale Posters (AR) 2:30 Prize Bingo (SP) 3:00 Summer Craft (HB) 4:45 Supper Take Out (AR)	10:00 Low Impact Exercise (GP) 2:00 Jim n I Performs (FY) 3:00 Chicken Soup Reading (HB) 6:15 Music with Rianna (BH)	10:00 Neighbourhood Walks (NH) 2:30 Sugar Free Baking (SP) 3:00 Courtyard Social (HB) 6:15 Travelling Treats (WH)
10:00 Spiritual Songs with Sherry (CH) 2:00 Travelling Milkshakes (WH) 3:00 Finish the Phrase (HB) 6:00 S'mores on the Patio (PAT)	10:00 Low Impact Group Exercise Class in Sitting (GP) 2:30 Outdoor Games (SPCY) 3:00 Oldies Sing-a-long (HB) 6:15 Making Terry Fox Run T- shirts (AR)	10:00 Morning Walking Program (NH) 1:15 Shopping at Giant Tiger (OUT) 3:00 Expressive Painting (HB) 5:00 BBQ Supper (GP)	10:00 Manicures (AR) 2:30 Shooting Gallery (GP) 3:00 Pictionary: Guess the Picture (HB) 6:15 Arm Chair Travel to Iceland (AR)	10:00 Low Impact Exercise (GP) 2:30 Prize Bingo (BH) 3:00 Towel Folding (HB) 6:15 Men's Club (CH)	10:00 Walking Program (NH) 29 2:00 Pub Party and Performance by Butch (KF) 3:00 Baking (HB) 6:15 Golden Oldies and Drinks on the Patio (PAT)	9:00 Annual Pinewood Yard 30 Sale (FY) 6:15 Dayboard Craft (AR)
10:00 Virtual Hymns/Service (RHA) 10:30 Decorating Dayboards (RHA) 2:00 Christian Reform Church (CH) 3:00 Summer Photo Shoot (HB) 6:15 Bubble Fun (FY)				Gathering Place (GP) Hummingbird (HB) Activity Room (AR) Neighbourhood (NH) Patio (PAT) Sandniner (SP)	Locations Legend Resident Home Areas (RHA) Blue Heron (BH) Front Yard (FY) Hummingbird Courtyard (HBCY) Whole Home (WH) Outing (OLT)	Sandpiper Courtyard (SPCY) Kingfisher (KF) Chapel (CH) Fish Tank (FT)

LOST & FOUND CART

Will be in the Gathering Place on the first floor on....

August 14th 1PM-3PM



Pinewood – News

Here we are, August already, where does the time go? We hope that everyone has been having a great summer and that we have planned enough outdoor activities for everyone. Last month we celebrated Canada Day with music from Brent Medinger in the front of the building with drinks, treats and a day of Canadian themed program, we've been doing our best to get all the residents outside as much as possible. But, with the summer comes our heat protocols, at any time the temperature, with humidity, goes above 29 degrees Celsius, we must cancel all outdoor programs and

Sydney our longtime Rec Aide has decided to leave us, and we are sad to see her go and wish her all the best in her future adventures.

Summer Holidays

will put on a program indoors.



QEVJRHYTLZPFB DCSEMAGNSUOSHSKO ICECREAMTOVEP BKGWLPHRQELRUTDRN LOCSMANBYLIMAF MAVRIZDWJGSROFQC GNSMOBRIYNGTNHASKP PFUEQDLMCIZOJVG OTMRELAXOMYLBSNE KZRAJKOBHVIWE TMIXECYANLDHNDVCOPU KEQNOFRZQAJWAGBAHS LAMGBVEYCAEXI EMHETCSMFRQKTAPWTS IROMEMRAYI UZWTMAKBUICVLNQEX EGAZNSTROPSDURGLYM KRBXUWQHSGNIEONACL

August barbecue beach biking bonfires books camping

canoeing cottage family friends games hammock hiking holidays ice cream July lake lemonade memories

picnics

LUJDPSENZBEACHIF

pool popsicles puzzles reading relax road trips sports

sprinkler strawberries summer camp swimming traveling vacation watermelon



August 2025



HOMEgrown

Southbridge Pinewood

Our Vision: Bridging lives together with meaning and purpose.

Our Mission: To provide quality care and services through innovation and excellence.

Homegrown newsletter was designed to inform residents, family, friends, and staff of home news, updates and fun facts. To submit information or ideas please contact Cliff Shawanamash (Recreation manager) at 577-1127 Ext. 228 or email at cliff.shawanamash@southbridgecare.com



This month we'd like to acknowledge Keltie Dechaine-Renaud as August's Employee of the Month. Keltie was a PSW but now has joined the Recreation Team and has shown amazing teamwork and has been seen running all over the building attending to the residents and offering help to anyone who needs it. Keltie is truly here for the right reasons and sees the residents as her extended family. And let's all give her a congratulations on her recent Wedding/Marriage. Congratulations and thank you for all the hard work.





July's Entertainment

Old Bones - Aug.6th
Accordion w/ Elsie - Aug. 12th
Rusty Notes - Aug.13th
Jamie Gerow - Aug. 16th
Piano w/ Tara - Aug.17th
Ted Hamill - Aug.19th
Piano w/ Michelle - Aug.20th
Jim n I - Aug.22nd
Music w/ Rianna - Aug.22nd
Men's Club - Aug.28th
Pub Party w/ Butch - Aug.29th



The New 60



Scan with your device & find us on Facebook.





Photo Corner













CHEESE



August Outings & Special Events

August 5th – PJ Day

August 7th – BBQ Supper

August 10 – Outing to Urban Abby

August 12th – Family & Friends Supper

August 16th – Outing to the Westfort Street Fair

August 19th – Outing – Supper at Boston Pizza

August 20th - BBQ Fundraiser

August 21st – Supper Take Out

August 22nd – Rock/Fave Shirt Day

August 26th – BBQ Supper

August 30th – Annual Yard Sale

Resident Council Fundraiser

The winner of the July 50/50 draw was with a winning of

. The August 50/50 draw is underway, and tickets can be purchased art Reta's Country Store on Tuesdays or during Popcorn Fridays with Dorothy at the Welcome Desk for \$2 a ticket. In August we have 2 great fundraisers planned, a BBQ fundraiser on August 20th and the Annual Yard Sale on August 30th. We are still accepting donations for the yard sale and can be dropped



off at the Rec office.

RESIDENTS BILL OF RIGHTS



- 9. Every resident has the right to meet privately with their spouse or another person in a room that assures privacy.
- 10. Every resident has the right to pursue social, cultural, religious, spiritual and other interests, to develop their potential and to be given reasonable assistance by the licensee to pursue these interests and to develop their potential.

Southbridge Pinewood acknowledges that Thunder Bay is built on the traditional territory of the Anishinabek, which includes the Ojibwa of Fort William First Nation, signatory to the Robinson-Superior Treaty of 1850. We also acknowledge the contributions of the Métis peoples.

RETA'S COUNTRY STORE

The Tuck Cart will be open on the first floor across from the elevators.

Tuesdays 1:00PM - 3:00PM

**Please let us know if you would like to see something on the tuck cart.



August Birthdays

August 2nd James Bob August 4th Joan Saxberg August 5th Jane Rose August 6th Carole Tiboni Marcia Mosher August 9th August 9th Jesse Andreason Ruth Baumann August 11th August 12th **Barb Storeshaw** Estelle Kelly August 15th **Doris Kangas** August 20th Julia Mackiver August 27^{tl} August 29^{tl} Mark Kaukola

warm caring hearts, the world would be a darker place.

Spiritual Services

Volunteer/Student News

We held our Volunteer Appreciation Lunch for

2025 at the Oliver Paipoonge Historical Park.

We enjoyed some great entertainment from

Mink Mountain Revival and some

sandwiches, salad, dessert and drinks that

were prepared by our amazing kitchen staff. This year we celebrated Reta Wolfe for

years of volunteer service and Elsie was

awarded the Ken Campbell Music Award for

her years of entertaining our residents. We

thank all of our volunteers, without you

Roman Catholic Service (Off the month of August) **Salvation Army Service** (Off the month of August)

Lutheran Church Service (Off the month of August)

Christian Reform Church Service (August 31st)

> **Bible Study with Rianna** (August 8th)

Spiritual Songs w/ Sherri (August 24th)

Every Sunday morning, Sunday TV Mass and Hymn Sing is put on the RHA's TVs.

Resident Council & Food Council

The Resident Council met this month and brought forward that residents would like to have some picnic benches out front, so they can have meals with their families, so we'll be working toward raising money for these. Council also requested that we do more outdoor activities, so we have planned a whole lot more, please note that these are all weather permitting and will be moved indoors if need be.

In Loving Memory

"As you were you will always be, treasured forever in our memory."

1925-2025 **Beverly Stover** 1958-2025 **Hazel Eccleston** 1928-2025

Maria Banski

Daniel Chrusz 1939-2025

Teek (Dog) 2022-2025

Deep summer is when laziness finds respectability. ~Gam Keen